

Surgical Services



BARNES-JEWISH
St. Peters Hospital
BJC HealthCare

Patient's Name _____

Physician's Name _____

Date/Time of Procedure _____

World Class Care ... Close to Home.

636-928-WELL | www.bjsph.org

Welcome to Barnes-Jewish St. Peters Hospital.
Your physician has scheduled you for surgery.

Written physician orders are required for all surgical services. Please bring a photo ID (driver's license or state ID) and insurance card(s) with you to your procedure.

Your surgery will take place in the:

- Surgery Department located within the hospital
- Outpatient Surgery and Endoscopy Center on the hospital campus

Your type of surgery is performed as a:

- Admit-Day-of-Surgery or 23-Hour Stay Arrive the day of surgery and admitted to a patient room following the procedure
- Outpatient Surgery
- Arrive the morning of surgery and discharged the same day

Presurgery Testing

If your doctor orders tests, ask when they should be completed. Tests can often be completed the day of surgery or on an

outpatient basis convenient to your schedule. The lab and X-ray departments are open for your convenience. In some cases, your physician may require you to have an anesthesia consultation. The hospital's preadmission testing nurse will schedule this consultation. This should be completed at least eight days prior to your surgery so that the physician can review your results.

On the afternoon/evening before your surgery, a nurse will call you to:

- Confirm your arrival time
- Ask about your medical history
- Review preoperative instructions and answer any questions you may have
- Inform you of your expected release time
- Verify location of your surgical procedure

Questions?

If you have additional questions, please call 636-916-9184, Mon-Fri, 8 a.m. – 4:30 p.m.

My Questions:

Patient Instructions

- Do not eat or drink anything after midnight the day of your surgery unless otherwise instructed. This includes hard candy, gum and water.
- Wear comfortable clothing
- Wear your glasses, hearing aid or dentures, and bring your carrying case if you wear contacts
- Leave valuables and wallet/purse at home
- Remove any nail polish
- A responsible adult must be available to drive you home. You may not take a taxi or public transportation unless accompanied by a responsible adult. If you are unable to arrange for a ride, you will need to reschedule your procedure with your physician.

What to Bring on the Day of your Procedure

- A list of daily medications and dosages
- Your photo ID (driver's license or state ID) and insurance card(s)
- All paperwork and any X-rays given to you by your physician
- Paperwork indicating power of attorney/advance directive if applicable

Your Arrival

Proceed as directed, based on your surgery location, to either the Main Hospital Entrance or the Outpatient Surgery and Endoscopy Center. See the admitting staff in either location to register.

Information for Family Members

Your family may visit with you prior to your surgery and then will be escorted to the family waiting area, where our staff will keep them informed of your progress and answer any questions they may have.

After your Surgery

After your surgery, you will spend time in the recovery room. The length of this stay depends on the procedure and your general health status. As an outpatient, you will be reunited with your family or friends after moving to the recovery room.

If you are being admitted to the hospital, you will see your family and friends when you return to your hospital room. Parents will be reunited with small children as soon as possible after admission to the recovery room.

Campus Map

- ☆ Hospital Lobby
- (A) Hospital Main Entrance A
- (B) Cardiology Center Entrance B
- (C) Hospital Entrance C
- (D) Radiology Hospital Entrance D
- (E) Hospital Entrance E
- (F) Hospital Entrance F
- (G) Hospital Entrance G
- (P) Parking

